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**Main Themes**

Integrated treatment

**Keywords**

Between Life and Duty: Survivor's Guilt

**Title**

Continue to live, you say?.. That's easy to tell.

**Abstract for**

Long Presentation

**Abstract**

## Between Life and Duty: An Existential Look at Survivor's Guilt

Ukrainian refugees face an unbearable dilemma: safety abroad and the impossibility of being able to rescue relatives left behind in the war zone. The price of being saved becomes emotional torture.

The report reveals the deep causes of this guilt and offers an approach to overcoming the inner gap, helping refugees to find meaning in their experiences and restore the balance between life and duty.

The sharpness of the topic and its practical significance make it essential for understanding the humanitarian and psychological challenges of our time.

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