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Main Themes

The social model of existential therapy

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Title

Orthodox Anthropology as one of the possible foundations of existential therapy

Abstract for

Short Communication

Abstract

Orthodox anthropology has a deep knowledge of human, his nature and destination. In Christian theology, essence determines existence, but existence is not determined by essence. In our opinion, the Christian doctrine of salvation is existential in its essence. It asserts that human is a freely intelligent being, that is, human = logos (essence) + hypostasis (personality) + tropos (mode of existence). In my practice as an existential therapist, I successfully use the human model of Orthodox anthropology, exploring the issues of the human nature and his existential choice of the way he exists in the world. I would like to share my experience in this area with my colleagues in my report.

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