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Main Themes

Future perspectives of existential therapy

Keywords

The extraordinary human experience; Existential Analysis; modern psychology; personal identity; self-awareness.

Title

The extraordinary human experience - a modern psychological perspective. The view of Existential Analysis.

Abstract for

Long Presentation

Abstract

The report examines the phenomenon of extraordinary human experience from the perspective of modern psychology, in particular through the prism of existential analysis. The influence of existential experiences on the formation of personal identity, self-awareness and psychological well-being is considered. Particular attention is paid to the processes accompanying emergency events and their impact on the emotional state and behavior of a person.

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