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Affiliation

INSTITUTION (e.g. University, Hospital, Organization)

Affiliation Name

International institute of existential consultancy (MIEC)

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Russia

Main Themes

The social model of existential therapy

Keywords

Psychological assistance in crisis situations, Social responsibility of the existential community, Unique experience of organizing an international helpline

Title

Helpline in the era of epidemics and wars

Abstract for

Workshop

Abstract

In recent years, we have all been subjected to serious trials, which bring us epidemics and wars. Many people are in a state of permanent crisis. This makes remote emergency psychological assistance relevant and in demand. At this workshop, we want to share our experience of organizing and providing such assistance to people located in different parts of our planet. "MIEK Helpline" is the only Helpline in the world whose consultants and subscribers find each other living in more than twenty countries. Workshop participants will be able to verify this by calling our crisis line live.

Lecturer: Alexey Bolshanin, Kislovodsk (Russia), a psychologist, a existential therapist, a individual member of FETE, a teacher and supervisor of the International Institute of Existential Consultancy (MIEC), a director of the International Volunteer Service for Remote Emergency Psychological Assistance "MIEC helpline", a author of magazines "Existential tradition: philosophy, psychology, psychotherapy", "Family", writer of portal "Tesis.ru" and monographer of "From emptiness to fullness life".

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